



Year of hope. Year of healing. Year of joy.

The staff, youth and families of Alum Rock Counseling Center invite you to support our life-transforming work and to help us create miracles and new beginnings in 2018!



ARCC

First 5

Truancy Abatement

OUTPATIENT SERVICES

School-Linked Services

Therapeutic Behavioral Services

Prevention & Early Intervention

Competency Development Services

Youth Empowerment Skills Program

MIDDLE SCHOOL MENTORING & SUPPORT

SOCIAL EMOTIONAL ACADEMIC SERVICES

Mobile Crisis Response & Counseling

Parent Advocacy & Family Reunification

Crisis Intervention & Prevention Services for Youth



Who did we support in 2017?

A mom recovering from an abusive relationship, seeking custody and reunification with her child ...

A teen who was regularly getting stoned, failing all his classes, and caught shoplifting ...

A monolingual, Spanish-speaking, single dad, unsure of how to manage his out-of-control pre-schooler and unclear how to navigate the school system or prepare his child for success ...

A fourth grader in a new school, developing a bad reputation for his constant emotional breakdowns because nobody understood he was traumatized by the domestic violence he previously witnessed & endured...

These are just a few of the THOUSANDS of youth and families who, this year, with the support of Alum Rock Counseling Center's caring, competent behavioral health staff achieved:

- Family reunification
- Ways to cope, heal & thrive after trauma & abuse
- Access to much needed mental health & counseling resources
- Academic, social & emotional success
- Second chances after truant &/or delinquent behavior



ARCC is hoping to create expanded possibilities & new beginnings for youth & families in 2018!

Your gift of:

\$50 - Contributes to a fund for purchasing gift cards (e.g., Starbuck's, Jamba Juice, Target) to reward youth for improving their grades, communication skills, and/or relationships with parents, teachers, peers

\$75 - Provides a healthy, nourishing dinner for families attending a Strengthening Families workshop

\$100 – Supports training for probation youth on healthy alternatives to substance use and lessening high-risk behaviors

\$250 - Provides critical and immediate (24/7) intervention to a youth and their family in crisis

\$500 - Helps sponsor a middle school student in the mentoring program for an entire month, including life skills classes, case management, therapeutic services, field trips & academic tutoring

We invite you to help ARCC make magic happen in 2018!

You can mail in your year-end tax-deductible donation to: Alum Rock Counseling Center, Attention: Holiday Appeal, 777 N. First St. Suite 444, San Jose, CA 95112 or donate online at: <https://donatenow.networkforgood.org/102756>

If you would like to learn more about the inspiring work we do and/or ways to get involved, please contact our Chief Development & Communications Officer, Stacy Dryer, at 408.240.0070 ext 110 or development@alumrockcc.org.